



**Wednesday,  
March 13, 2019**

# BELL SCHEDULE

<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Block 1</b> <b>8:00-9:12</b>	<b>Block 1</b> <b>8:00-9:12</b>	<b>Block 1</b> <b>8:00-9:12</b>
<b>Block 2</b> <b>9:16-10:28</b>	<b>Block 2</b> <b>9:16-10:28</b>	<b>Block 2</b> <b>9:16-10:28</b>
<b>FLEX</b> <b>10:28-10:57</b>	<b>FLEX</b> <b>10:28-10:57</b>	<b>FLEX</b> <b>10:28-10:57</b>
<b>Block 3</b> <b>11:01-12:13</b>	<b>Block 3</b> <b>11:01-12:13</b>	<b>Block 3</b> <b>11:01-12:13</b>
<b>LUNCH</b> <b>12:13-12:53</b>	<b>LUNCH</b> <b>12:13-12:53</b>	<b>LUNCH</b> <b>12:13-12:53</b>
<b>Block 4</b> <b>12:57-2:09</b>	<b>Block 4</b> <b>12:57-2:09</b>	<b>Block 4</b> <b>12:57-2:09</b>
<b>Block 5</b> <b>2:13-3:25</b>	<b>Block 5</b> <b>2:13-3:25</b>	<b>Block 5</b> <b>2:13-3:25</b>

# **GRADE 10 STUDENTS:**

**If you signed up for *SCIENCE CO-OP next year*, check the list outside room 315 to confirm that you still want to take the program.**

**If you have any questions, see Mr. Baldus.**

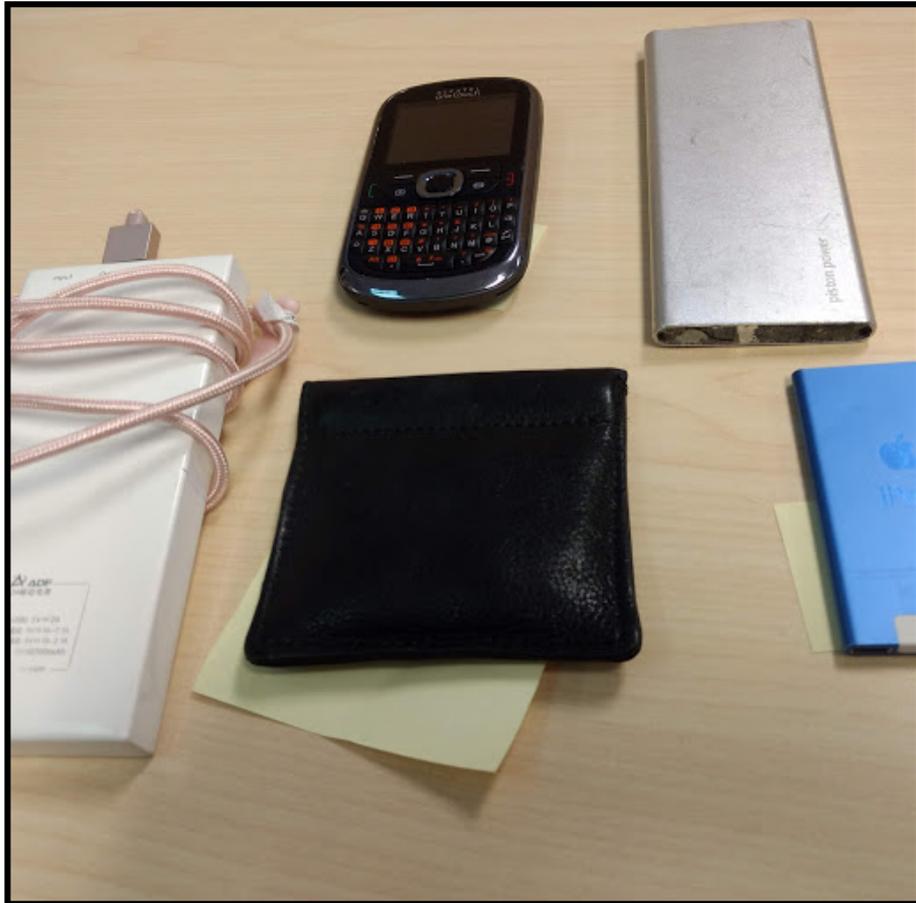


# **Ms. Wood's Textile Students from Semester 1:**

**Please swing past the Home Ec office to pick up  
your garments if they were in the art hallway  
display cabinet.**



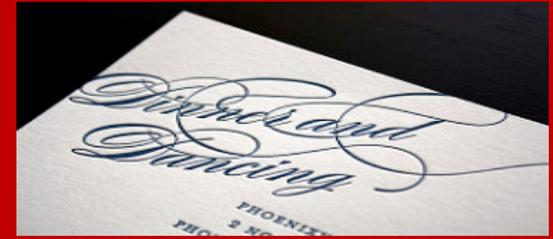
**Lost & Found - if you recognize any of these items please come to the main office to identify/claim.**



**Lost & Found - if you recognize any of these items please come to the main office to identify/claim.**



# ATTN: GR 12s



- **Dinner Dance tickets and After Grad tickets are available to purchase ONLINE starting Mar 1-Apr 15.**
- **Please pay all outstanding fees before buying your tickets.**

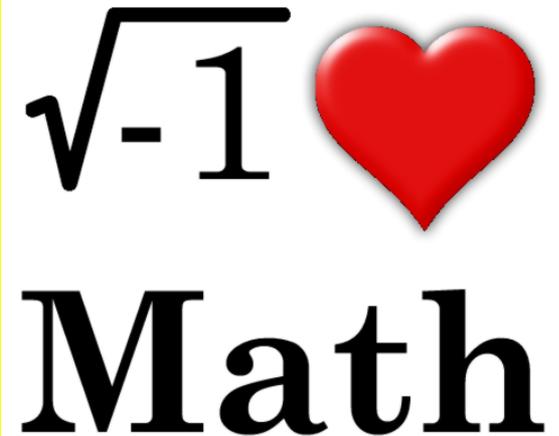


**Any students interested in writing the AP Calculus exam or AP Psychology exam, need to pay exam fees online or come to the office.**

- **Deadline for payment \$135 is March 13th.**

# EUCLID MATH CONTEST

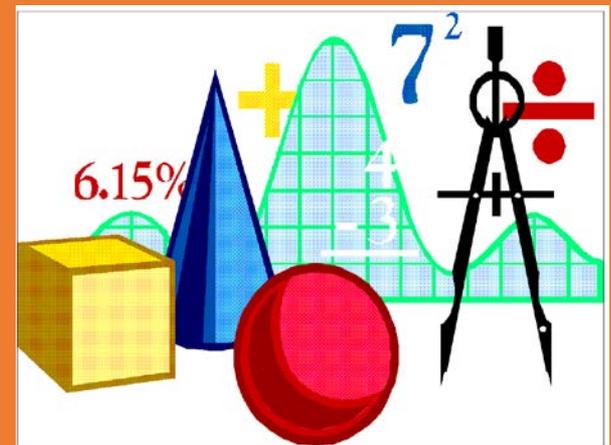
- **Please register for this prestigious and important Senior Math contest with Ms. Paisley in RM 232 or Ms. Wiebe in the Science office.**
- **Contest Date: April 3<sup>rd</sup>**
- **Registration deadline: March 15th**
- **Cost is \$18**



# FRYER, GALOIS & HYPATIA MATH CONTESTS

**Please register for these grade 9, 10 and 11 math contests with Ms. Paisley in RM 232 or Ms. Wiebe in the Science Office**

- **Contest Date: April 10<sup>th</sup>**
- **Registrations Deadline: March 15<sup>th</sup>**
- **Cost: \$12**
- **4 questions, 75 min**





\$2

ME TO WE

# CUPCAKE SALE

Wednesday, March 13 & Thursday, March 14  
@ Lunch in the Grandhall

**KWAP IS  
COLLECTING  
NEW AND  
GENTLY USED  
SHOES!**

**PUT YOUR SHOES  
IN THE BOX  
RIGHT IN FRONT  
OF THE OFFICE!**



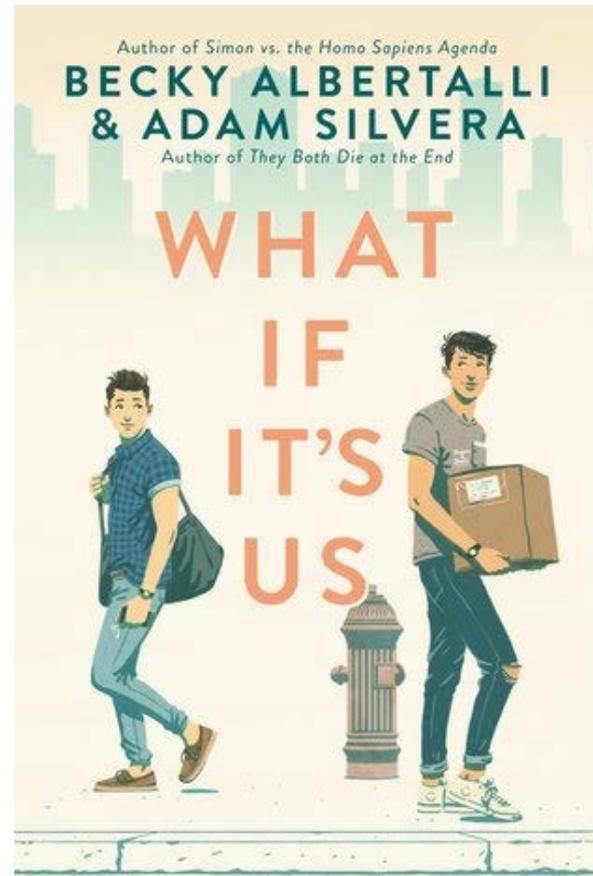
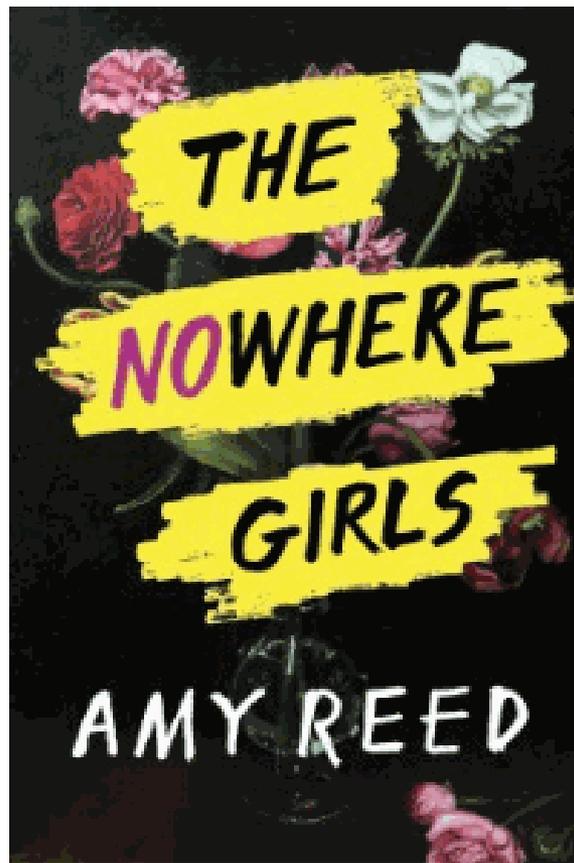
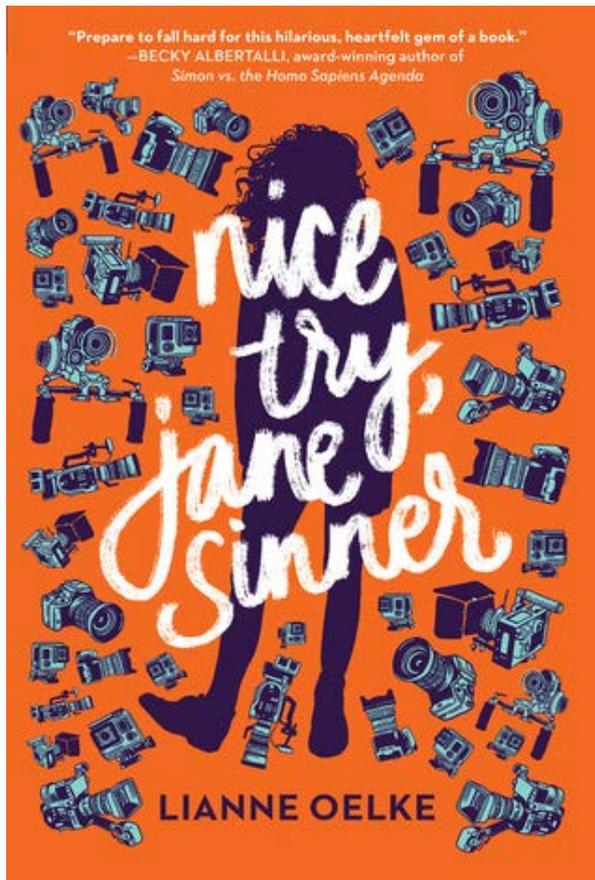
**KWAP**



The All-New  
KODIAK'S  
GOT  
**TALENT**

*Auditions Start After Spring Break!*

Prepare your acts over the break to blow our judges away!



# New Library Books

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**Start your day in a relaxing way. Come  
to Room 231 Monday to Friday 8:30  
am – 9:15 am.  
Coffee! Tea! Food!  
Come listen to music and relax before  
class**

# KODIAK ATHLETICS

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A close-up photograph of a golf club head and a white golf ball on a tee, set against a background of green grass. The club head is dark and glossy, and the ball is on a white tee. The text is overlaid on the right side of the image.

# **GOLF TEAM**

**Who: Any golfers interested in playing on the HW Golf team??**

- **What: Mandatory info meeting**
- **When: Wednesday, March 13<sup>th</sup> @ beginning of lunch**
- **Where: Room 241**

# **HWSS TRACK & FIELD**



## **Track and Field conditioning practices:**

- **Wednesdays after school in the Grand Hall**
- **Please see Mr. Won and Ms. Ernst if you have any questions.**

# **HWSS MOUNTAIN BIKING TEAM**

A photograph of three mountain bikers riding through a forest on a rocky trail. The bikers are wearing helmets and gear, and their bikes are in motion, creating a sense of speed. The trail is composed of large, flat rocks and is surrounded by dense green foliage and trees. The lighting is natural, suggesting a daytime setting.

**There will be a brief Mountain Bike meeting this Thursday at FLEX in Room 213.**

**If you cannot make the meeting please see Mr. Castonguay.**

# HWSS JR GIRLS SOCCER TRY- OUTS

Tryouts for players interested in the Junior Girls Soccer team:

Thursday, March 14 starting at 3:40

Be prepared for on the turf or  
Inside the gym (if snow).



# HWSS SENIOR GIRLS SOCCER

There is a **VERY IMPORTANT** meeting for all members of the Senior Girls Soccer Team today - Wednesday, March 13<sup>th</sup> at the start of lunch in the mat room.

All players **MUST** attend.

See Ms. French today if you cannot attend.

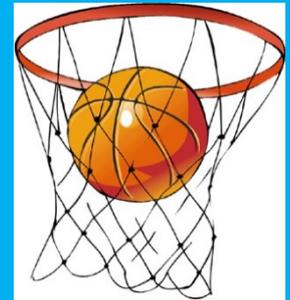
**VERY IMPORTANT!!!**



# HERITAGE HEAT BASKETBALL U15 (CURRENT GRADE 9S)

**Spring basketball is here for all grade 9 boys interested in playing basketball for the Heritage Heat. Try-outs are on the following days:**

- **Thursday, March 14<sup>th</sup> 5:30 – 7:15pm**



**Players who did not play on the school team are welcome to attend. This is an open invitation and your opportunity to improve your basketball skills in a challenging and fun environment.**

**Please see Mr. Martin if you have any questions.**

# KODIAK CLUBS



# FITNESS CLUB

- TUESDAY AND THURSDAY THIS WEEK!
- WHEN: 3:40 PM
- WHERE: WEIGHT ROOM
- WHAT: NEED GYM STRIP AND WATER BOTTLE
- SEE MR CIARDULLO FOR MORE INFO!



**What's your excuse?**

**We pick things up and put them down**



# Multicultural Club

**Wednesday at Lunch**

**In room 219**



Learning  
more about  
different  
cultures



Fundraising



Get more  
volunteer hours



# Heritage Woods Christian Club (HWCC)

Want to learn more about  
Christianity?

Join us Fridays at lunch in  
room 215

Everyone is Welcome!

Meet New People!



**HERITAGE WOODS  
PRIDE EDUCATION ALLIANCE**

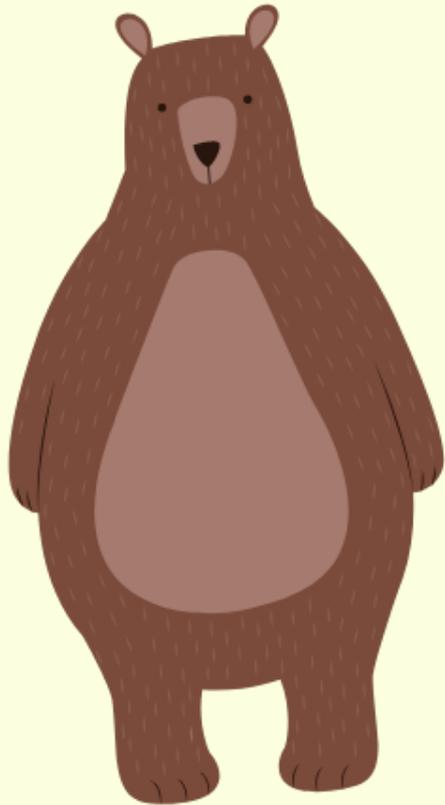
**EVERY WEDNESDAY, ROOM 307@LUNCH**

**LOOKING FOR VOLUNTEER HOURS?**

**IMPROVE YOUR SPEAKING SKILLS  
AND MAKE NEW FRIENDS!**

**KODIAK  
KONVERSATIONS**

**WEDNESDAY @FLEX  
IN ROOM 109**



**NEW VOLUNTEERS & EAL STUDENTS  
ARE ALWAYS WELCOME!**





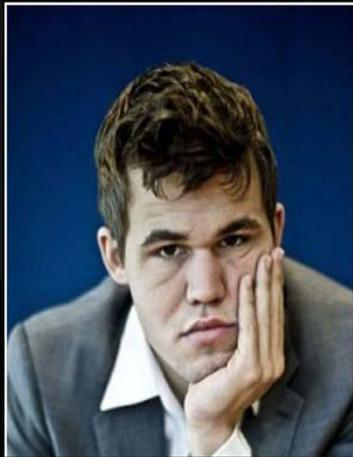
Wednesday Flex in Art Room

Come if you are interested in joining the club to help youths and gain volunteer hours!

*Light the candle of hope for youth with serious medical conditions*

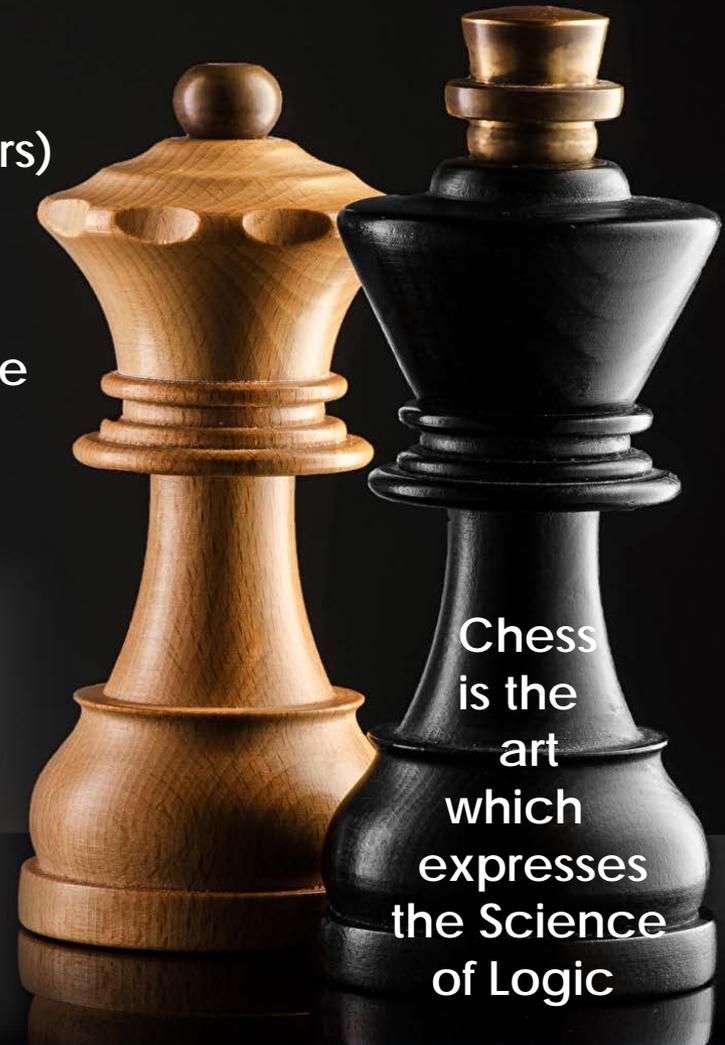
# CHESS CLUB 2018

- All levels welcome! (Beginners and Seniors)
- Drop in @ lunch EVERY day to play
- Room 308
- Compete, Play, and Learn. We might have a friendly tournament like last year.



Some people think that if their opponent plays a beautiful game, it's OK to lose. I don't. You have to be merciless.

— Magnus Carlsen —



Chess  
is the  
art  
which  
expresses  
the Science  
of Logic

# *Kodiak Business Club (KBC)*



***Boast your  
university  
profile!***



***Compete in case  
studies against  
other schools!***



***We meet  
Wednesday's @  
LUNCH in  
Room 301***

# CAREER CENTER



**Did you apply to The University of Calgary? Have you received an offer or are you still waiting to hear from them? Are you considering if this is the place for you?**



**UNIVERSITY OF  
CALGARY**

**Please come and visit Ms. Butler in the Career Centre as she just got back from a visit to U of Calgary and might be able to answer your questions and help with decision making. You can either drop in during flex or lunch or email to make an appointment [dbutler@sd43.bc.ca](mailto:dbutler@sd43.bc.ca)**

# Headstart In Art



emily carr  
university of art + design

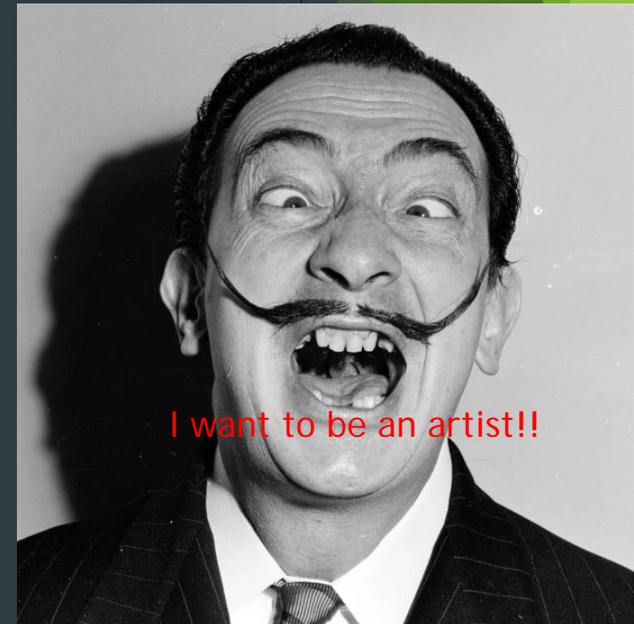
Who: Grade 11 or 12  
pursuing a career in art

What: \*First year University Art course  
\*1<sup>st</sup> year university credit

When: Sept. 10 - Dec. 10 Tuesday evenings 6 - 9

Where: Gleneagle Secondary

How: See Ms. Tompkins in April or go to ECU online for  
the Head Start application. Due in May.



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**ENGINEERING  
FOR A COMPLEX WORLD.**



BCIT is hosting an information session on **March 13** for students interested in engineering. From electrical to mechanical, and mining to marine, our engineering programs can help transform students' affinity for solutions-based design into a career that lets them do what they love.

Programs covered include: Civil Engineering, Electrical Engineering, Mining and Mineral Resource Engineering, and more. For the full list of programs covered, [visit here](#).

## **BCIT Engineering Info Session**

**Date:** Wednesday, March 13, 2019

**Time:** 5:30 p.m. – 7:30 p.m.

**Location:** BCIT Burnaby Campus, Building SE2, Room 212A/B



The upcoming sessions are as follows:

- March 25<sup>th</sup>, 1:00 pm-2:30 pm

Additional information about each session and registration to attend can be found at the following link:

[sauderundergraduateoffice.eventbrite.com](http://sauderundergraduateoffice.eventbrite.com).

Upcoming Spring BCom Information Sessions at the UBC Sauder School of Business.

These small gatherings provide a casual setting for prospective students in grades 8-12 to visit the UBC Vancouver campus, learn more about the BCom curriculum, tour UBC Sauder's teaching facilities, and hear from our incredible faculty. We encourage students to take advantage of this opportunity to explore their career possibilities in business.



# BCIT Pathway to Success Scholarships

**SD43 has 3 scholarships valued at \$3,000 each available for students applying to programs at BCIT. All programs qualify except apprenticeship programs.**

- **For more information and to access the application please visit the Career Centre webpage under Finances/Awards, Entrance (Post-Secondary sponsored)**
- **<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx>**

**→ Completed applications must be submitted to Ms. Butler or Mrs. Martin no later than 3:30pm on April 1, 2019.**

# REPEAT NOTICES



# GIRLS

EXPLORING



SCIENCE



TECHNOLOGY



ENGINEERING



MATHEMATICS



## DISCOVERY DAYS

**CALLING ALL GIRLS IN GRADES 8 TO 10!**

Please join Science Alive at Simon Fraser University's Burnaby Campus for Discovery Days to explore STEM fields and learn more about the different options available at the post-secondary level.

### When?

March 18 - Environment Day

March 20 - Earth Science Day

March 25 - Computing Day

March 29 - Engineering Day

### Where?

Simon Fraser University's Burnaby Campus

### Time?

10:15am to 2:00pm

### Cost?

\$10 for the first day and \$5 for any additional days, however, bursaries are available should cost be a barrier.

Visit [www.sciencealive.ca](http://www.sciencealive.ca) to register today!

SkillsFor Hope Foundation



Developing Skills Changing Lives

**SCIENCE ALIVE**  
curiosity · creativity · confidence



**W WEST**

Westcoast Women in Engineering,  
Science and Technology



# FIRE RESCUE CAMP IGNITE

MENTORSHIP PROGRAM

AUGUST 8 - 11 2019

[www.campaignite.com](http://www.campaignite.com)



Camp Ignite is a program that is organized and run by women in the BC Fire Service, and is an annual Firefighter Mentorship Program for **female students in Grade 11 & 12** (ages 16-18 years.) Each participant is provided with a four-day opportunity to learn about health and fitness, focus on team-building, challenge themselves, AND learn about the firefighting profession.

This year's Camp Ignite runs from August 8-11, 2019. It is a FREE PROGRAM! – there are no costs or barriers to participate, as it is paid for by sponsors and local Fire Departments.

- **Applications are available on the Career Centre website.** Each applicant must complete the application appropriate to their community and return it in the appropriate way for the community in which they live by the appropriate application deadline.

**Coquitlam Deadline May 27, 2019 to:**

- *Coquitlam Fire/Rescue – Town Centre Fire Hall*
- *1300 Pinetree Way*
- *Coquitlam, BC, V3B 7S4*
- *Attn: Denise Ziebart, Fire Prevention Division*

**Port Moody Deadline June 01, 2019 to:**

- [Nhayton@portmoody.ca](mailto:Nhayton@portmoody.ca)

**Anmore/Belcarra deadline June 01 to:**

- [Jay.sharpe@anmore.com](mailto:Jay.sharpe@anmore.com)

Interested in writing the Physics CAP High School Prize Exam?

Sign-up with Mr. Khalili in room 304 during FLEX.

Contest Date: Tuesday April 9<sup>th</sup> 2019.





- The RIBFEST committee is now working on **PORT MOODY ROTARY RIBFEST 2019** and we would like to invite you to again be a part of this exciting event.
- This years dates are: **JULY 19, 20, & 21 2019.**
- We have our brand **NEW volunteer signup website open** and encourage you to sign up **now** so you can get the times and places you would like to work.
- Please click this link: Rotary RIBFEST Volunteer Signups and choose
- the blue SignUpGenius Sheet for the area you would like to work and
- register for your volunteer shifts.
- If you have any questions or concerns please contact Linda Balzer at: **604-341-4387.**